

One Year Serving Hopewell & Pennington – We Need Your Help!

Last year, on September 30th, Meals on Wheels of Mercer County (MOWMC) began serving our neighbors in Hopewell and Pennington. **Today, 4% of our participants live in these two communities**, and we need **YOUR** help to continue delivering meals to those who need them most.

For over 50 years, Hopewell and Pennington were served by a dedicated, all-volunteer nonprofit that many homebound seniors relied on. As needs evolved, more seniors began requesting medically tailored meals and support based on financial need. MOWMC was able to step in and meet those needs, ensuring that no one goes hungry or overlooked.

Now, we're calling on local volunteers and supporters to help us continue this important work. Whether you can deliver meals, spread the word, or make a donation, your



*(From left to right)
MOWMC volunteer Guy,
Hopewell Mayor Courtney
Peters-Manning, and MOWMC
CEO Venetta Ellerbe prior to
delivering meals.*

**I want to Volunteer in
Hopewell & Pennington!**

I want to Donate!

involvement makes a real difference.

Let's keep showing up for our neighbors.

If you know anyone in need of our meals, call **(609) 695-3483** for more help.

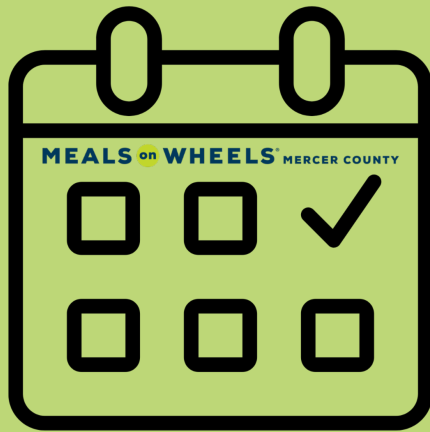
Check out the 2025 Annual Report!

Together, we delivered **138,471 meals to 701 participants** in 2024-2025.

Read the letter from MOWMC CEO, Venetta Ellerbe; our impact in volunteer and program services, stats from 2024-2025, and more!



Coming Up: Giving Tuesday



Mark Your Calendars!

Tuesday, December 2 - This **Giving Tuesday**, we hope to raise funds to deliver a week of groceries to our participants during the holiday season, ensuring they have the essentials they need beyond daily meals. Keep your eyes peeled for more updates to come!

Volunteers News!

Volunteers are the heart of MOWMC. This month, we are putting the spotlight on Mike, who has been volunteering with the organization for a little over a year! Mike goes out on route to deliver meals twice a week, but he also goes above and beyond with his help at Rider University during meal pickup.

Thank you, Mike, for all of your hard work!



VOLUNTEER SPOTLIGHT

Volunteering for
1 Year!

Fun Fact

"I play golf when I'm not here.
It's a stress relief. I play at
Mercer Oaks and Springfield.



Mike

WHY MOWMC

"It's a great
organization. I like
the interactions with
participants. It's a
privilege for me to
be a part of it.
Giving back is
important."

Fave Food

"Fresh fish and ahi tuna. I eat it at least once
a week. I get it at a market in town, and I'm
also a regular at Tommy's Tavern!"



New Volunteers

Each month, we will be highlighting our newest volunteers.

In September, we welcomed:

**Caroline B.
William B.
Joseph C.
Troy D.
Chandrasekar G.**



MOWMC Volunteer Joe H. with a meal on delivery.
Photograph by Jayden Bailey.

Looking for plans this fall? ☐

**Consider volunteering for
Meals on Wheels of Mercer County!**

**We are looking for dedicated individuals in our
community to deliver meals with us or help in the
kitchen at Rider University.**

Apply Today

*If you have any questions or would like to learn more about how
you can get involved, send an email to*

In the News...

On September 22, MOWMC hosted staff from the **office of Congresswoman Bonnie Watson Coleman**. They delivered meals and had the opportunity to speak to a handful of Ewing residents. It was a great moment to see first hand how our mission impacts the community, while seeing what our volunteers do everyday!

We always welcome community leaders to join us in helping deliver meals to our homebound neighbors.

If you would like to participate in a meal delivery as a community champion, email outreach@mealsonwheelsmercer.org.



(From left to right):
Jarquiza Ayers, Jordan
Lewis, and Karla Lopez-
Rosa.



Jarquiza Ayers handing a cold bag to a participant in Ewing.



Events coming up...

Be sure to stop by our info tables!

- **Saturday, October 4 – Lawrence Township Community Fun Day**

☐ Lawrenceville | ☐ 12:00 PM – 4:00 PM

- **Saturday, October 18 – TCNJ Community Fest**

☐ Ewing | ☐ 10:00 AM – 4:00 PM

☐ **Happy Halloween** ☐



- ☐ The leaves are changing color, the air is getting crispier, and the vibes are getting spookier... but not here at MOWMC. We provide our participants with treats, never tricks (every Monday through Friday)!

Even our participants celebrate the fall season with fun decorations and festive outfits! The time for spreading good holiday cheer is fast approaching. How will you participate?



MOWMC participant in Ewing.

Giving Info

[Donate Now](#)



*You may now donate via Apple Pay, Google Pay,
PayPal & Venmo!*

*You can also set up **recurring monthly giving!***

If you would like to make a donation **In Memory or In Honor** of someone, you may do so by selecting the type of 'Tribute Gift' on our donation page.
Please leave details regarding names and acknowledgement.

Be sure to check our [website](#) for acknowledgements for tribute dedications!
(currently listing donations received July 1, 2025 through September 30, 2025)



BOO!



Contact Us: (609) 695-3483 or Email at info@mealsonwheelsmercercer.org



Meals on Wheels of Mercer Coun | 320 Hollowbrook Drive | Ewing, NJ 08638 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!