

A Meals on Wheels of Mercer County Publication November 2025







Help Us Deliver a Thanksgiving Meal to Every Neighbor

Kiwanis Partners with Meals on Wheels of Mercer County to Serve Meals on Thanksgiving

For over 40 years, the Kiwanis Club of Trenton has brought the Thanksgiving holiday to the elderly, disabled and disadvantaged in the Trenton community. This year, Kiwanians will once again partner with Meals on Wheels of Mercer County to bring complete turkey dinners to up to 300 residents who would not otherwise have the opportunity to enjoy the traditional holiday feast. The Kiwanis Club invites you to join this worthwhile effort by contributing food or funds and registering to help deliver meals on Thanksgiving morning.

Click **HERE** to sign up to contribute towards the many food items needed, from canned cranberry to boxed stuffing to frozen vegetables and more. Convenient drop-offs and pick-ups can be arranged. If you prefer, a monetary donation can be made to be applied towards food costs.

- Approximately **35 delivery volunteers** are also needed.
- Each volunteer will receive **a route of 4 − 6 individuals** who have requested dinners.
- Volunteers will pick up the complete dinner packages between 10 a.m. and noon on Thanksgiving Day, November 28, 2025 at Leonardo's Restaurant in Lawrenceville.
- Volunteers are asked to include **a smile and the spirit of the holiday** with every delivery.
- Delivery volunteers can also register at the project's **"signupgenius"** page.

For more information, please contact the McCormick family at (609) 208-9991 or via email atmccormicknj@aol.com



MEALS ON WHEELS MERCER COUNTY



Thanksgiving Dinner Project

Serving clients of Meals on Wheels of Mercer County

Veterans Day: November 11



MOWMC volunteer with a participant in his uniform.

At Meals on Wheels of Mercer County, many of the individuals we serve are veterans who once served our nation with courage and dedication.

Currently, we are proud to deliver meals to 45 veterans, 26 widows of veterans, and 6 spouses of veterans in our community.

We are deeply grateful for the service and sacrifices of these heroes. It is our honor to give back each day by supporting them and their families.

In honor of all veterans who have given so much for our country, thank you for your service.

Happy Veterans Day!

Coming Up Next Month: Giving Tuesday!



Mark Your Calendars!

Tuesday, December 2 - This **Giving Tuesday**, we hope to raise funds to deliver a week of groceries to our participants during the holiday season, ensuring they have the essentials they need beyond daily meals.

Check out our sponsors for Giving Tuesday!

Bronze Sponsor

Silver Sponsor





Volunteers News!

Volunteers are the heart of MOWMC. This month, we are putting the spotlight on **Sandra**, who has been volunteering with the organization for about a year and a half! Sandra delivers meals once a week, but when she's not volunteering, she's recruiting help at her local church. We are always on the lookout for more volunteers, and Sandra has helped so much!

Thank you, Sandra, for all of your hard work!



MERCER COUNTY

Volunteering for 1.5 Years!



Fave Food

Rise and peas covered in chicken, a West Indian specialty!

VOLUNTEER SPOTLIGHT

WHY MOWMC

"I'm recently retired and I didn't just want to sit at home because I know there are a lot of opportunities there to help other people. I just want to give back to the community."

"I love meeting our participants and being able to help in whatever capacity is needed."





New Volunteers

Each month, we will be highlighting our newest volunteers. *In October, we welcomed:*

Ganesh A.

Kevin B.

Maya C.

Alison D. S. with Hopewell Valley High School

Karen J.

Steven K.

Richard L.

Ronald L.

Edmund S.

Karen S.-L.

Matthew Y.



MOWMC Volunteer Jim with a participant on his delivery route.

*Photograph by Charlie Yedlin**

Looking for plans this fall? \Box

Consider volunteering for Meals on Wheels of Mercer County!

We are looking for dedicated individuals in our community to deliver meals with us or help in the kitchen at Rider University.

If you have any questions or would like to learn more about how you can get involved, send an email to **volunteer@mealsonwheelsmercer.org** or

call (609) 695-3483.

Partner With Us!

Volunteering together builds morale, strengthens teamwork, and promotes a more compassionate workplace culture. If your organization is interested in **Adopt-A-Route**, click the button below for more information or call **609-695-3483** to begin your workplace delivery team today!

Visit our Website

MEALS ON WHEELS MERCER COUNTY

Corporate

"ADOPT-A-ROUTE"

Program



YOUR TEAM CAN HELP DELIVER MORE THAN JUST MEALS!

By adopting a route, your organization will provide nourishment, connection, and compassion to over 400 homebound seniors and adults throughout Mercer County.



YOUR PARTNERSHIP INCLUDES:

- · Community recognition
- Digital promotion
- Visibility at local events
- Featured mentions across
 MOWMC communications

Routes take less than 2 hours! Deliveries typically take place between 10:00 AM and 12:00 PM, allowing your team to make a meaningful difference with minimal disruption to the workday.

Happy Thanksgiving!

This Thanksgiving, we would like to emphasize how grateful we are for our volunteers, and supporters! Our mission would be impossible without the strong support of the Mercer County Community. ♥



MOWMC Volunteer giving a participant a hug.

In the News...

New Employee:

Meet Angie Varela! Our New Program Services Assistant



"Hello my name is Angie Varela, I attended Mercer County Community College and received my Associate in T.V. Production, then transferred to TCNJ and majored in Journalism and Professional Writing. I absolutely love being out in nature and love soaking up the sun any chance I get. I enjoy trying new things and having new hobbies, I am currently learning how to crochet."

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# MEALS ON WHEELS MERCER COUNTY

MOWMC is thrilled to announce a new partnership with:



Supporting the health and well-being of our community neighbors!

MOWMC is proud to partner with CVS
Health to support the health and wellbeing of our community neighbors! Together, we're nourishing the body and soul.

### **Giving Info**

### **MOWMC Wishlist**

### Participant Needs...

- Continence supplies (all sizes)
- Hygiene products: including soap/shampoo with pumps for

easy use, toothpaste for sensitive teeth (i.e. Sensodyne)

### **Volunteer Appreciation...**

• Gas Gift Cards (any \$ amount)

If you're interested in donating these items to MOWMC, email outreach@mealsonwheelsmercer.org.

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Donate Now

You may now select **more options** for recurring donations!

Your recurring donations can help Mercer County seniors on a regular basis and without a second thought.

Start giving today to help during this Holiday Season.



- Weekly
- Bi-weekly
- Bi-monthly
- Quarterly
- Yearly!



Contact Us: (609) 695-3483 or Email at info@mealsonwheelsmercer.org







Meals on Wheels of Mercer Coun | 320 Hollowbrook Drive | Ewing, NJ 08638 US

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