

## Summary

### Key Findings

#### Drug Deaths

**243%**▲

from 3.7 to 12.7 deaths per 100,000 adults age 65 and older between 2011-2013 and 2021-2023.

#### Geriatric Clinicians

**42%**▲

from 43.2 to 61.3 per 100,000 adults age 65 and older between September 2019 and September 2024.

#### Early Death

**10%**▼

from 1,605 to 1,437 deaths per 100,000 adults ages 65-74 between 2016 and 2023.

### Strength

- Low prevalence of falls

### Challenge

- Low rate of volunteer participation

## Measures

		State Rank	State Value	U.S. Value
<b>Social and Economic Factors</b>		<b>24</b>	<b>0.138</b>	
<b>Community and Family Safety</b>	Motor Vehicle Deaths (Deaths per 100,000 adults age 65+)	9	10.4	13.8
<b>Economic Resources</b>	Food Insecurity (% of adults age 60+)	25	7.4%	8.7%
	Poverty (% of adults age 65+)	21	10.1%	11.3%
	SNAP Reach (Participants per 100 adults age 60+ living in poverty)	14	91.5	82.8
<b>Social Support and Engagement</b>	Community Support Expenditures (Dollars per adult age 60+)	24	\$42	\$62
	High-Speed Internet (% of households with adults age 65+)	11	88.9%	86.5%
	Low-Care Nursing Home Residents (% of residents)	40	13.5%	8.9%
	Risk of Social Isolation (Index from 1-100)	24	48	–
	Unpaid Elder Care (% of population age 15+)*	17	13.8%	14.1%
	Volunteerism (% of adults age 65+)	47	20.0%	26.3%
<b>Physical Environment</b>		<b>40</b>	<b>0.217</b>	
<b>Air and Water Quality</b>	Air Pollution (Micrograms of fine particles per cubic meter)	18	7.4	8.6
	Drinking Water Violations (Average violations per community water system)	9	1.6	2.8
<b>Climate and Health</b>	Emergency Management Plan (Policy in place)*	–	No	–
<b>Housing and Transit</b>	Housing Cost Burden (% of households with adults age 65+)	49	41.3%	33.5%
<b>Clinical Care</b>		<b>25</b>	<b>0.080</b>	
<b>Access to Care</b>	Avoided Care Due to Cost (% of adults age 65+)	15	2.7%	3.6%
	Geriatric Clinicians (Clinicians per 100,000 adults age 65+)	4	61.3	39.9
	Home Health Care Workers (Workers per 1,000 adults age 65+)	10	61.0	62.0
<b>Preventive Clinical Services</b>	Cancer Screenings (% of adults ages 65-75)	37	71.6%	74.1%
	Flu Vaccination (% of adults age 65+)	22	63.5%	63.4%
	Pneumonia Vaccination (% of adults age 65+)	43	66.1%	70.2%
<b>Quality of Care</b>	Dedicated Health Care Provider (% of adults age 65+)	15	96.9%	95.9%
	Hospice Care (% of Medicare decedents)	37	44.0%	46.9%
	Nursing Home Quality (% of beds rated four or five stars)	22	33.9%	31.1%
	Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 65-74)	33	1,571	1,477
<b>Behaviors</b>		<b>7</b>	<b>0.572</b>	
<b>Nutrition and Physical Activity</b>	Exercise (% of adults age 65+)	9	31.6%	29.0%
	Fruit and Vegetable Consumption (% of adults age 65+)	2	12.2%	7.3%
	Physical Inactivity (% of adults age 65+ in fair or better health)	19	30.2%	31.7%
<b>Sleep Health</b>	Insufficient Sleep (% of adults age 65+)	44	31.5%	28.1%
<b>Tobacco Use</b>	Smoking (% of adults age 65+)	7	7.0%	8.5%
<b>Health Outcomes</b>		<b>2</b>	<b>0.814</b>	
<b>Behavioral Health</b>	Drug Deaths (Deaths per 100,000 adults age 65+)*	23	12.7	13.3
	Excessive Drinking (% of adults age 65+)	16	6.4%	6.9%
	Frequent Mental Distress (% of adults age 65+)	5	6.9%	8.7%
	Suicide (Deaths per 100,000 adults age 65+)	1	9.6	17.7
<b>Mortality</b>	Early Death (Deaths per 100,000 adults ages 65-74)	1	1,437	1,810
<b>Physical Health</b>	Falls (% of adults age 65+)	1	22.0%	27.8%
	Frequent Physical Distress (% of adults age 65+)	14	15.9%	17.0%
	Multiple Chronic Conditions (% of Medicare beneficiaries ages 65-74)	43	58%	53%
	Obesity (% of adults age 65+)	12	27.8%	30.2%
	Teeth Extractions (% of adults age 65+)	13	10.2%	12.1%
<b>Overall</b>		<b>11</b>	<b>0.386</b>	

\* Unweighted measure that does not contribute to a state's overall rank.  
– Data not available, missing or suppressed.