

## It's time to *"End the Wait"* this March!

This March, we are celebrating the anniversary of the **Older Americans Act Nutrition Program**, which was amended in March 1972 to include a nutrition program for seniors 60 years and older.

For far too long, the pressing needs of seniors have been underfunded and ignored, leaving millions nationwide waiting for nutritious meals and moments of connection. Despite Meals on Wheels being proven as the most effective solution to senior hunger and isolation, there is still a critical need for increased support from government funding, donations, and volunteers. It's time to champion senior health and well-being. It's time to ensure every senior in Mercer County who needs our services gets them. It's time to **End the Wait**, but we can't do it alone...

We will be hosting **Mercer County Champions**— prominent VIPs in our community such Mayors, Assemblypersons, Police Chiefs and more— to deliver to our program participants on our delivery routes, and you can join us too!

Volunteer and donate to help **End the Wait** for our neighbors in Mercer County.



**I want to  
Volunteer!**



Ewing Chief of Police, Al Rhodes,  
with volunteer Mike and a  
participant.

"Thank you for the opportunity to ride along with Mike today on his delivery route. It was great to meet and speak with some of the Ewing residents that you provide meals to. You are all doing very important work and it is much appreciated by the community."

***Chief Al Rhodes of the Ewing  
Police Department***

**I want to  
Donate!**



West Windsor Council President,  
Andrea Mandel, with volunteers  
Thomas, Betsy and Richard.



Trenton Mayor, Reed Gusciora, and  
Trenton's Health and Human  
Services Department Director, Dr.  
Carlos Diego Minacapelli, visiting a  
participant's home alongside our  
volunteer Pat.

**More Pictures!**

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**What are the Bonner Students up to?**





**TCNJ Bonner Scholars, Kennedy and Simran, are rocking their Meals on Wheels of Mercer County hoodies while packing nutritious, shelf stable meals for our 400 participants!**

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## **A Glimpse Into The Kitchen at Rider**



**Staff at MOWMC joined Rider University kitchen staff and volunteers to pack over 400 meals for our participants!**

***Looking for kitchen volunteer opportunities?***

**Email Lisa, our Volunteer Director, at [lkasabach@mealsonwheelsmercer.org](mailto:lkasabach@mealsonwheelsmercer.org) or call (609) 695-3483**



*Rider University kitchen staff Jocelyn, Prakash and Marteika packing cold bags for participants.*

## Donations



If you would like to make a donation  
**In Memory or In Honor** of someone,  
you may do so by selecting the type of 'Tribute Gift'  
on our donation page.

*Please leave details regarding names and acknowledgement.*

Check our [website](#) for quarterly updated acknowledgements for tribute dedications.  
(currently listing donations received October 1, 2024 though December 31, 2024)

[Donate Now](#)

*You can also set up **recurring monthly giving!***

**Contact Us: (609) 695-3483 or Email at [info@mealsonwheelsmercer.org](mailto:info@mealsonwheelsmercer.org)**





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