



NEWS ON WHEELS

A Meals on Wheels of Mercer County Publication December 2025



Tomorrow...

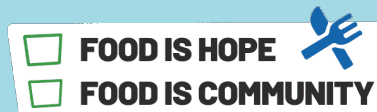
GIVING TUESDAY

Gifts made now through Giving Tuesday help supply each participant with **a grocery bag of shelf-stable essentials** to provide meaningful support for families during this time of year.

Thanks to your support, we've already surpassed our goal! However, we can go even further by **adding more items** to each grocery bag and bringing extra holiday cheer to the neighbors we serve.

Stay tuned for pictures and updates on the grocery bag deliveries...

Click **HERE** to help us pack additional shelf-stable items!



THANK YOU TO OUR SPONSORS!



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SERVICES

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SILVER



SILVER

Special thanks to Mercer Street Friends, for providing additional produce for the grocery bags!

A blue banner with white snowflakes and a white hand holding a heart. The text "SUBARU share the love® EVENT" is written in white.

SUBARU share the love® EVENT

November 20 through January 2.

As part of a national partnership with Meals on Wheels America, Subaru of America, Inc. and its retailers will donate a minimum of \$300 to a charity, like Meals on Wheels, for every new vehicle leased or sold from **November 20, 2025, to January 2, 2026.**

Since the Subaru Share the Love Event began in 2008, Subaru and its participating retailers have donated nearly 5 million meals and helped provide friendly visits to seniors being served by local Meals on Wheels programs across the country.

Click [HERE](#) for more information.

Volunteers News!

Volunteers are the heart of MOWMC. This month, we are putting the spotlight on **Bill**, who has been volunteering with the organization for 10 years! Bill helps in any way he can, and we appreciate his commitment to our community.

Thank you, Bill, for all of your hard work!

**Volunteering for
10 Years!**

Fun Fact

"I used to be a woodworker!
My wife and I have also taken long
road trips around North America."



Bill

Fave Food

Sauerbraten with potato
dumplings and red cabbage.

WHY MOWMC

"I see a need for this
program. It must continue;
not only is it about the food,
but also the social aspect. I
see the need and that's why
I'm a part of it."

Favorite Memory

"Sarah! She was a 90-year-old
participant who is no longer with
us. I delivered to her twice a
month. She had a great attitude.
Once, she even pointed at me
with a twinkle in her eye and
made a joke that had us both
laughing."



New Volunteers

Each month, we will be



MOWMC participant greeting a volunteer.

*highlighting our newest
volunteers.
In November, we welcomed:*

**Stacey, Wesley, & Dylan F.
Michael H.
Clare and Elsie M.
Kim M.
Rachel W.
Kate W.**

☐ **Looking for plans this holiday season?** ☐

Consider volunteering for
Meals on Wheels of Mercer County!

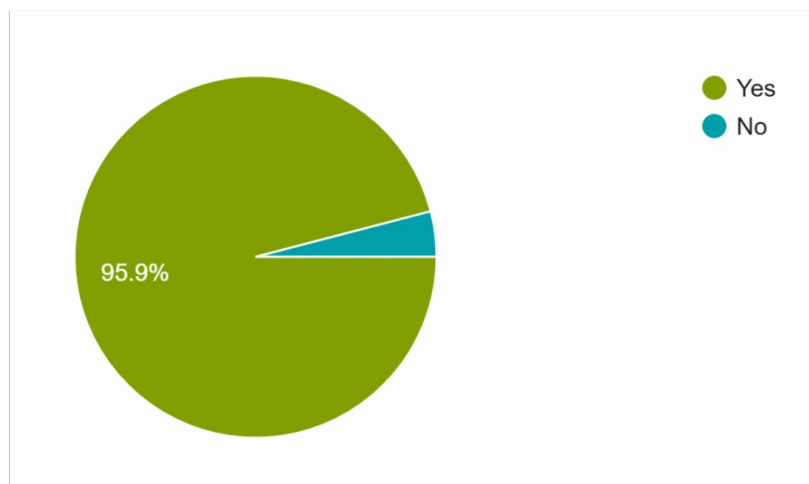
We are looking for dedicated individuals in our community to
deliver meals with us or help in the kitchen at Rider University.

If you have any questions or would like to learn more about how
you can get involved, send an email to
volunteer@mealsonwheelsmercer.org or
call ***(609) 695-3483***.

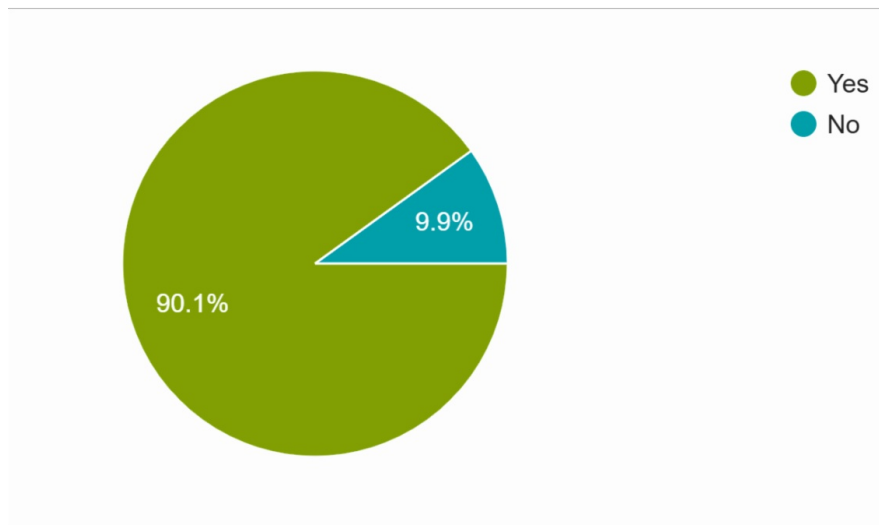
Participant Survey Results

**We surveyed our participants for Fall 2025 and we received
150 responses. These are results below.**

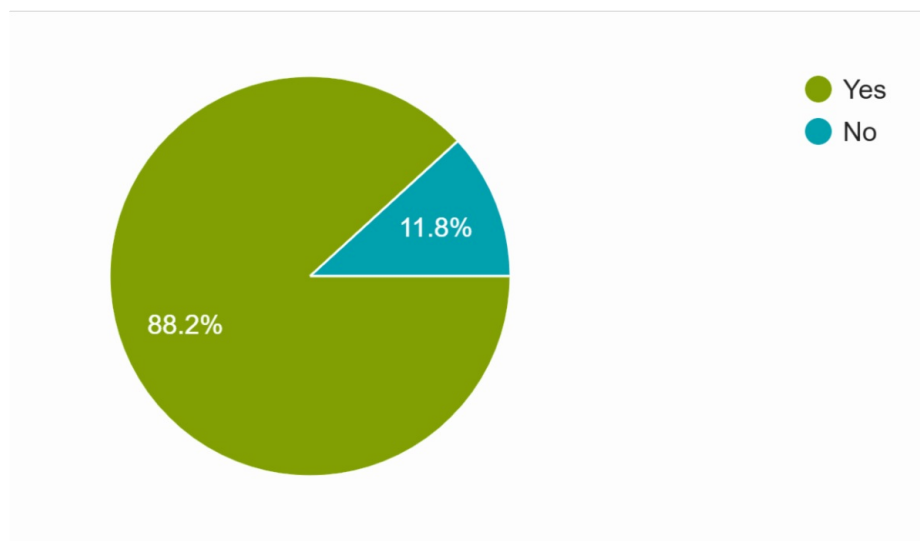
96% said home-delivered meals helped them feel more confident that
they can continue to live independently in their home.



90% said meals provided by Meals on Wheels have improved their overall health and are necessary for their continued health.

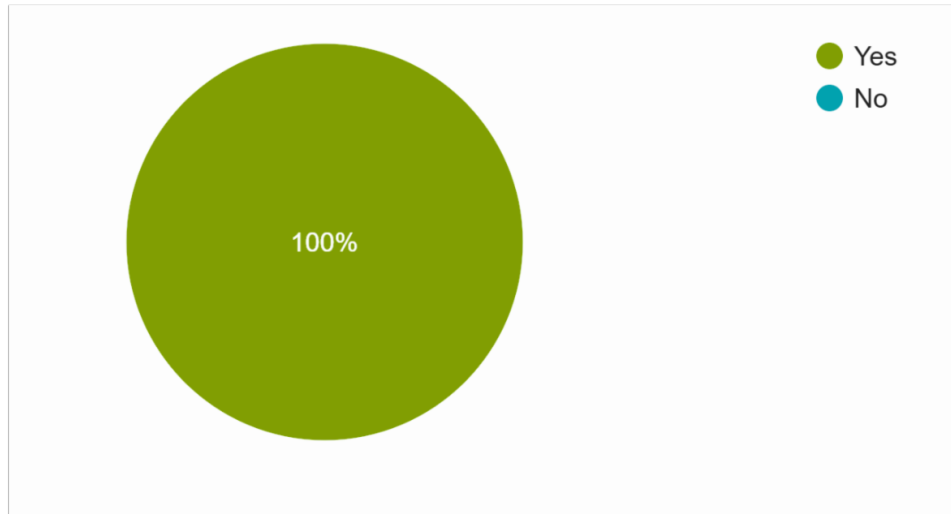


88% said they are eating more fruit and vegetables because of meals provided by Meals on Wheels.



100% said the volunteers who deliver their meals are friendly, polite,

and caring



In the News...

A MOWMC Thanksgiving - A Partnership with the Kiwanis Club of Trenton

On Thanksgiving morning, the Kiwanis Club of Trenton provided special Thanksgiving meals to 250 of our participants. We are so grateful for this partnership; we know the joy and comfort this service brings to those who don't have access to a Thanksgiving meal. We hope that these deliveries -- made by the wonderful volunteers who signed up on Thanksgiving Day -- brought joy to the participants we serve.



MOWMC staff helping to prepare for Thanksgiving deliveries.



Volunteers preparing their meal deliveries on Thanksgiving morning.



Looking for your next read?

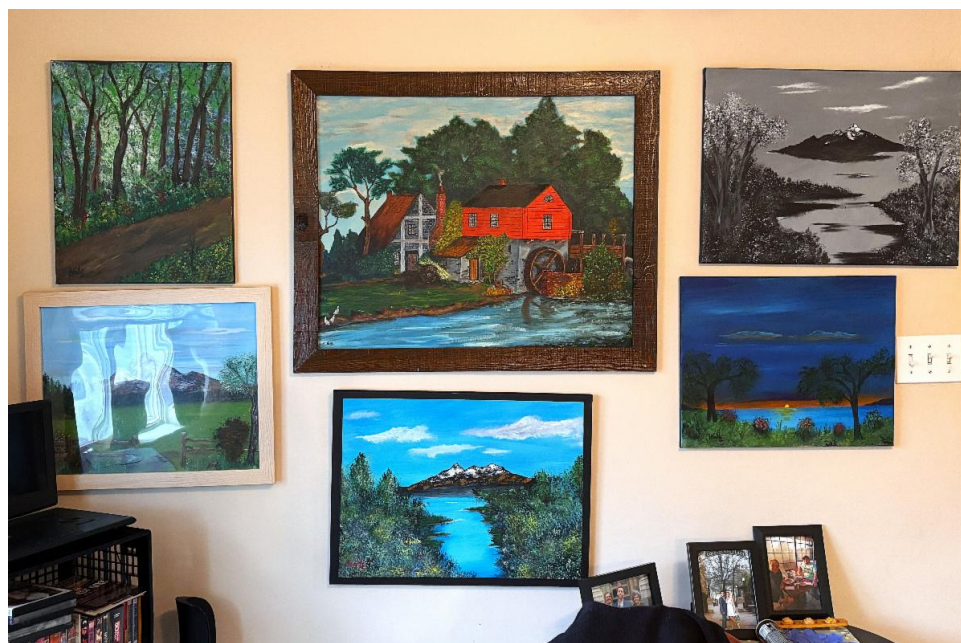
Check out the latest story on our website highlighting our participant -- a talented painter and a proud veteran.



James Wade showing his U.S. Air Force Jacket.

"James Wade, an 83-year-old Air Force veteran, has lived through many highs and lows, but now he's on a new mission: finding purpose through his love for painting. As he tackles social isolation every day since the passing of his wife, colorful landscapes fill his walls one by one, and he hopes more people will take notice."

Read **MORE** on our website!



Six paintings by James Wade on the wall. The painting he made in college in the center.

Happy Holidays!

From: Meals on Wheels of Mercer County

Tis the season for nutritious meals and heartwarming connections! Meals on Wheels of Mercer County is dedicated to spreading holiday cheer to our participants this December with the help of our lovely volunteers. Like Santa and his elves, we wouldn't be able to do it without their hard work and commitment!

We are grateful for the support from our community and we would like to wish warmth, happiness, and good cheer to all this holiday season!



MOWMC participant wearing a Christmas sweater in her home.

Giving Info

MOWMC Wishlist

Participant Needs...

- Continence supplies (all sizes)

- Hygiene products: including soap/shampoo with pumps for easy use, toothpaste for sensitive teeth (i.e. Sensodyne)

Volunteer Appreciation...

- Gas Gift Cards (any \$ amount)

If you're interested in donating these items to MOWMC, email outreach@mealsonwheelsmercer.org.



Start giving today to help during this Holiday Season.

[Donate Now](#)

You may now select **more options** for **recurring donations!**

Your recurring donations can help Mercer County seniors on a regular basis and without a second thought.



- Weekly
- Bi-weekly
- Bi-monthly
- Quarterly
- Yearly!



Contact Us: (609) 695-3483 or Email at info@mealsonwheelsmercer.org





Try email marketing for free today!