



PRESS RELEASE

For immediate release -

HEADLINE:

Meals on Wheels of Mercer County Receives \$10,000 Grant from The Bunbury Foundation

Ewing, NJ (3/6/24) – Meals on Wheels of Mercer County today announced it has been awarded a Grant in the amount of \$10,000 from The Bunbury Fund - Princeton Area Community Foundation to initiate new **Diversity, Equity and Inclusion (DEI)** training programs.

Meals on Wheels of Mercer County (MOWMC) was selected to receive the grant based on its impactful meal delivery service to a diverse homebound older adult population throughout Mercer County. Their participants are comprised of Asian, African American, Hispanic, Non-Hispanic, Other/Multiple and are primarily 60 or older. The training is designed to improve the team’s empathy, sensitivity, awareness of needs and communication styles that may differ from their own. MOWMC has hired innovative instructor Monique Jones of Audacity Forward Wellness Group to conduct specialized trainings over a six month course of instruction set to launch on March 14, 2024.

According to Meals on Wheels of Mercer County CEO, Amy Flynn, “MOWMC will implement a strategic plan to increase the **Diversity, Equity and Inclusion (DEI)** understanding of our volunteers, staff and Board, and vendors ultimately helping us better serve our diverse population of senior participants. The training will teach our team to communicate effectively in a variety of cultural contexts.”

Meals on Wheels of Mercer County works every day to strengthen the lives of our participants - most of whom are socially isolated homebound seniors.” said Amy. “We are grateful to the Bunbury Fund for supporting this important new program.”

About Meals on Wheels of Mercer County

Meals on Wheels of Mercer County (MOWMC) is a comprehensive nutrition program committed to providing nutritious meals and related services, while easing the social isolation of our homebound participants. The goal of our services is to assist participants, who wish to remain in their homes, maintain independence, dignity, health, and well-being. MOWMC delivers hot, nutritious, medically tailored meals five days per week to homebound seniors residing in Trenton, Ewing, Princeton, East Windsor, West Windsor, Hightstown, Lawrence, and parts of Hamilton adjacent to Trenton. The meals are overseen by a registered dietitian and follow all NJ Standards for The Nutrition Program Serving Older Adults.

Caring volunteers deliver over 300 hot, nutritious meals per day to the most frail and vulnerable neighbors throughout Mercer County. The volunteer program is a vital part of our program providing safety and wellness checks which address the important social isolation piece - unique to the MOW model of service.

For more information about Meals on Wheels of Mercer County visit

<https://www.mealsonwheelsmercer.org/> or call 609-695-3483.

About The Bunbury Foundation

The Bunbury Fund's mission is to strengthen the ability of nonprofit organizations to do their best work. We refer to this work as capacity building. It is work that helps your organization deliver its mission with greater confidence. We respect that what an organization might need in terms of capacity building is best identified by its staff and board. The Bunbury Fund Advisors strongly support and encourage projects and organizations that embrace and promote anti-racism strategies and conduct projects that place racial equity at the core of their work.