



MOWMC participant in Ewing

"One Big Beautiful Bill Act" **The Impact on Seniors** **in Mercer County**

The "One Big Beautiful Act" was signed into law on July 4th, threatening the dignity and *independence* of seniors nationwide. **What does this mean for older adults receiving Meals on Wheels and the overall senior population in Mercer County?**

Meals on Wheels of Mercer County serves nearly 400 individual meals everyday, some of whom pay through Medicaid. In Mercer County, over 6,000 older adults are plagued with food insecurity.

The Congressional Budget Office estimates that by 2034, 11.8 million more Americans could be without health insurance, and an additional 3 million may no longer qualify for SNAP (Supplemental Nutrition Assistance Program) benefits, according to recent reporting.

Significant Medicaid cuts limit access to home and community-based services, making it harder for seniors to age safely and comfortably in their own homes. Reductions in provider payments threaten the stability of hospitals, nursing facilities, and community health centers, especially in underserved areas. As a result, some providers may be forced to scale back services or close entirely, weakening the local care networks that many older adults depend on.

As SNAP benefits are reduced, a growing number of seniors may struggle with food insecurity and increasingly rely on programs like Meals on Wheels of Mercer County, which is already seeing a steady rise in new participants each month.

Although the "One Big Beautiful Bill Act" offers a tax deduction for seniors, the proposed cuts in other areas fail to meaningfully

counterbalance the wider negative impact on essential health and nutrition services.

Learn more about the tax and spending bill [here](#).

In the Community

A huge thank you to [Incarnation - St. James Church](#) for collecting and donating personal care and hygiene items for MOWMC participants!



Personal care items, such as disinfecting wipes, shampoos, mouth washes, body soaps, lotions and dryer sheets, in containers at Incarnation - St. James Church.

MOWMC delivered 46 bags to participants who are unable to access personal care items themselves. With the help of **Brenda Hanuschik**, Director of Religious Education and Safe Environment Coordinator, Incarnation - St. James Church was able to collect these donations for MOWMC participants in need.

If you're interested in starting a personal care items drive, please contact outreach@mealsonwheelsmercer.org.



*(Left to right) Brenda Hanuschik
with MOWMC staff Ruth Todd
and Aylin Ismayilova.*

New Volunteers

*Each month, we will be highlighting our newest volunteers.
In July, we welcomed:*

**Tina M.
Christopher H.
Deanna R.
Suzanne H.**

Looking for plans this fall? □

Consider volunteering for Meals on Wheels of Mercer County!

We are looking for dedicated individuals in our community to deliver meals with us or help in the kitchen at Rider University.

**If you want to learn how *YOU* can volunteer for Meals on Wheels,
email volunteer@mealsonwheelsmercerc.org or
call (609) 695-3483 TODAY!**



MOWMC Volunteers Sue and Marlene

Birthday Cards

A huge thank you to **Creative Kindness** for creating 240 unique birthday cards for MOWMC participants and volunteers! Their continued support for Mercer County neighbors does not go unnoticed.

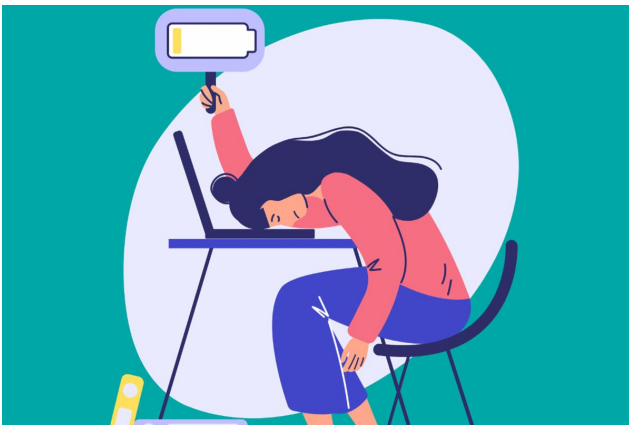
At MOWMC, we are more than just a meal. With the help of community partners, we are able to spread joy to our



community neighbors,
many of whom live alone.

240 birthday cards delivered to MOWMC.

MOWMC Staff Retreat



The staff at MOWMC received valuable training in how to combat burnout. In order to effectively serve a vulnerable population, it's important to treat burnout before letting it affect the work that is being done in the community.

"Self Care: Put Your Oxygen Mask on First"

At the training, staff learned about **burnout** (a state of physical or emotional exhaustion that also involves a sense of reduced accomplishment and loss of personal identity), **compassion fatigue** (the emotional and physical exhaustion that results in a reduced ability to empathize or feel compassion for others) and **secondary trauma** (the emotional residue of exposure to traumatic stories and experiences of others through work).

Many Mercer County neighbors experience hardships every day that are beyond food insecurity. Staff at MOWMC are there everyday, receiving phone calls, guiding volunteers and completing intakes. With over 400 participants receiving meals daily, it takes a well-oiled machine to run the program efficiently and effectively. The team at MOWMC appreciated the training and look forward to implementing it in their work going forward.

Giving Info

[Donate Now](#)



You may now donate via Apple Pay, Google Pay, PayPal & Venmo!

*You can also set up **recurring monthly giving!***

If you would like to make a donation **In Memory or In Honor** of someone, you may do so by selecting the type of 'Tribute Gift' on our donation page. *Please leave details regarding names and acknowledgement.*

Be sure to check our [website](#) for acknowledgements for tribute dedications! *(currently listing donations received April 1, 2025 though June 30, 2025)*

Contact Us: (609) 695-3483 or Email at info@mealsonwheelsmercerc.org



Meals on Wheels of Mercer Coun | 320 Hollowbrook Drive | Ewing, NJ 08638 US

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