



The Meals on Wheels of Mercer County Corporate Adopt-a-Route Volunteer Program

What are the benefits?

- Your company is seen as a local community partner helping to serve over 100,000 meals each year. Your company will receive promotion and visibility in the community's well!
- Allowing for this experience helps build employee morale, encourages improved employee communication, and promotes team building.
- It allows busy people to give back to the community without taking away evening and weekend time with their families.
- Provides a different type of leadership opportunity to employees also seen as team captains.

Why it will work?

- Volunteers deliver meals once a week, during an early lunch hour. Usually, it is in teams of two although one person can also do it alone if they choose.
- Typically, an employee will be out of the office for a maximum of 2 hours, or less once they are experienced with the route. This will include travel time.
- One individual at your business/organization acts as a liaison with MOWMC's Volunteer Coordinator to minimize the amount of time with schedule coordination.
- The program allows for corporate social responsibility with consistency, flexibility and ease at minimal cost.

Workplace Delivery Teams: How will they work?

What will this team look like?

Depending on the frequency of volunteering, a team will consist of 2 to 10+ employees who agree to take turns delivering meals perhaps 1 day per month or 1 day per week. For 52 weeks, that is a maximum of 100 people if they all go in pairs, and only do it once a year.

How long will it take?

The actual delivery takes about 60-90 minutes depending on the route. A few may be less, depending on the day of the week. Volunteers begin and end their routes at Rider University's Daly Dining Hall in Lawrence.

Who manages the process?

Each group picks one person in their company to be the team leader. If needed, the position may be rotated within the group and may be filled with a community affairs employee.

What will be the team leader's responsibilities?

The leader is responsible for scheduling the group and acts as the liaison between the company and MOWMC. How they choose to do that within their company is up to them.

What if an employee cannot deliver on a scheduled day?

If possible, the volunteer should try to find a replacement or switch days with another team member. In an emergency, contact your team leader. They would then notify us. One person can complete a route.

Contact Evett Shulman, Chief Development Officer at eshulman@mealsnwheelsmercer.org,
(609) 695-3483 to start your workplace delivery team today.



FAQs about Delivering Meals for Meals on Wheels of Mercer County for Corporate Volunteers

What is Meals on Wheels of Mercer County (MOWMC)?

Meals on Wheels of Mercer County (MOWMC) is a comprehensive nutrition program committed to providing nutritious meals and related services, while easing the social isolation of our homebound participants. The goal of our services is to assist participants, who wish to remain in their homes, maintain independence, dignity, health, and well-being.

MOWMC, a member of the Meals on Wheels America, delivers hot, nutritious meals Monday through Friday to area residents who are homebound for various reasons, mostly due to age. Volunteers deliver our meals in addition to being our eyes and ears during a brief visit to each participant. Besides easing the nutritional needs of our participants, the volunteers also address their social isolation with that daily visit.

Who receives meals?

Our participants are homebound and/or unable to shop, cook or prepare meals for themselves. There is no age limit for our service, although the majority of our participants are over age 60, some even being centenarians!

What is expected of a meal delivery volunteer?

Volunteers pick up meals at Rider University (Daly Dining Hall) in Lawrence between 10AM and 10:30AM on their designated day and deliver meals to about 10-15 people. In addition to the meal, volunteers bring a smiling face and a connection to the outside world. Participants look forward to even just a few minutes with the volunteer, as he/she may be the only person they see that day. Most volunteers deliver weekly on a permanent route so bonds can be developed.

How will corporate volunteers be trained?

MOWMC's Volunteer Director would first train team members at the company's location, perhaps during a lunch break. Forms are filled out online, and background checks are performed.

What if I get lost?

Detailed directions are provided for each route. Upon picking up the meals, a MOWMC staff member will be available to answer any questions or point out pertinent details about the route. Emergency phone numbers are provided with directions.

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