



2016-2017 ANNUAL REPORT



MEALS on WHEELS
MERCER COUNTY

TOGETHER, WE CAN DELIVER.

FROM THE EXECUTIVE DIRECTOR



As each generation of people lives longer than the one before it, the need for services for the elderly expands. As an organization, we at Meals on Wheels of Mercer County have seen firsthand how hunger is not limited to any one geographic area in our community. This past year, we met the growing need and added new programs to ensure that our participants know how much we care for each of them, no matter how many

Meals on Wheels of Mercer County worked with the national organization on more than just colors this year, however. We also worked with Meals on Wheels America on "Let's Do Lunch". Let's Do Lunch is a campaign created and spearheaded by Meals on Wheels America which increases the awareness of hunger in homebound individuals, and thereby seeks to increase the number of people who volunteer across the country. As part of the campaign, the national organization highlights different participants around the country in order to give a face to the cause. In December, the national organization visited our program to incorporate some of our participants into the campaign. We are so grateful that we could directly be a part of the movement to bring awareness to the needs of the population which we serve.

homebound we serve.

After covering the Trenton and Ewing area for 44 years, Meals on Wheels of Trenton and Ewing became Meals on Wheels of Mercer County when we added routes in Hightstown, Princeton, East Windsor and West Windsor, and areas within Hamilton and Lawrence. However, Meals on Wheels of Mercer County expanded in more ways than just geography. The number of homebound individuals who cannot always feed themselves within the areas which we served previously, also increased. We now have 19 routes that go out every day to address the growing need in our community.

As we continue to evolve in stride with the national organization, we also recognize the particular needs of our own community, and create programs specific to those needs. During the summer of 2016, we began a pilot program using the Senior Farmer's Market Voucher Program, allowing participants of our program to obtain fresh produce, add to the variety of their diet, and increase the amount of nutrients they consume, as many live in a food desert. Because of our intervention, they now have access to these vouchers previously unavailable to them. This program will now continue for as long as we do!

In addition to changing our name in 2016, we also branded with Meals on Wheels America which entailed changing our colors and logo to match those of the national organization. The national organization initiated a campaign to rebrand all of Meals on Wheels affiliates nationwide in order to create a more cohesive network, and a nationally recognized logo for the fight against hunger in the homebound population. Now, wherever you are in the country, you can see the green and blue "MW," signifying the unity of all Meals on Wheels affiliates across the nation in one cause (and color scheme!).

2016 was a big year for Meals on Wheels of Mercer County with many changes to address the growing needs we have seen, and the needs we know are yet to come. No matter what is happening in the country, which your help and on-going support, our participants will continue to be fed and to engage with a volunteer every day. We are happy to be taking on 2017, and continuing to do what we do best: **help fight hunger in the homebound community.**

Progress lies not in enhancing what is, but in advancing toward what will be. - Khalil Gibran

MOWMC received

\$71,672

in Corporate Grants &
Donations

\$141,725

in Foundation Grants
and

\$161,602

In Individual & Civic Donations



Special Events

raised

\$31,228

Thank you!

THE YEAR IN REVIEW



Farmer's Market Vouchers for Seniors

Began a new initiative which provides seniors with fresh produce



519
Participants

81% are over 60

80% are below the poverty line or at risk for poverty

62% live alone

100% receive meals and face-to-face interactions

1,273

Grocery Bags
delivered to participants



Total Meals Served

79,379

Weekend Meals

6,282



10,800

volunteer hours
which is equivalent to

\$260,712



16,919

Pounds of pet food delivered by Jordyn's Cause4Paws



Volunteers drove
42,000 miles
equivalent to driving between
LA and NY 15 times



2016-2017 Fiscal Year

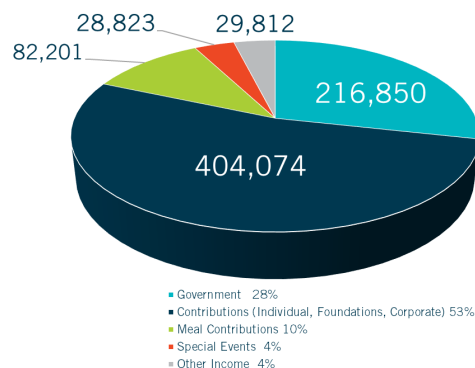
Income

Source	Amount	Percentage
Government	\$216,850	28%
Contributions (Individual, Foundations, Corporate)	\$404,074	53%
Meal Contributions	\$82,201	11%
Special Events	\$28,823	4%
Other	\$29,812	4%
Total	\$761,760	100%

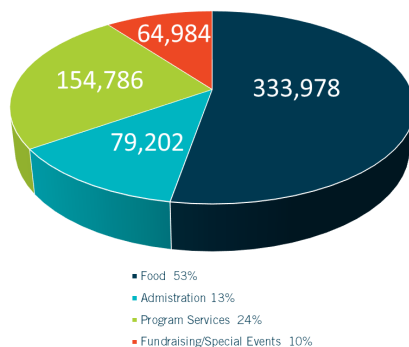
Expenditures

Destination	Amount	Percentage
Food	\$333,978	53%
Administration	\$79,202	13%
Program Services	\$154,786	24%
Fundraising/Special Events	\$64,984	10%
Total	\$632,950	100%

Meals on Wheels of Mercer County
FY 2016-17 Income



Meals on Wheels of Mercer County
FY 2016-17 Expenditures



Board of Trustees

Warren Broudy
President
Wayne Pinkstone, Esq.
Vice President
Richard Scheetz
Secretary
Gregory Brennan
Treasurer

Members at Large
Faria Abedin
Rachelle Bin, Esq.
Justin Bilik
John Blake
Veronica Charcalla

Jackie Crane
Greg D'Adamo
Johanna González
Colonel (R) Jon Gribbin
Adam Hughes, Esq.
Hon. John Hughes (R)

Mayor Liz Lempert
Helen Hughes Patterson
Bainy Suri
Susan Valentine
Marguerite Vera

Staff

Sasa Olessi Montañó
Executive Director

Ruth Todd
Director of Program Services

Brandon Verrault
Director of Volunteer Services

Jabeen Obaray
Executive Assistant

Israel Dominguez and Taylor Scott
Summer AmeriCorps Members

320 Hollowbrook Drive, Ewing, NJ 08638

www.mealsonwheelsmercer.org