

## SAMPLE MENU

Day	Hot	Vegetarian
<b>Monday</b>	Pork loin with house made gravy Chopped roasted eggplant Brussel sprouts	Quinoa, Tofu, green beans
<b>Tuesday</b>	Turkey meatloaf Carrots Basmati rice with peas	bulgur wheat pilaf
<b>Wednesday</b>	Beef ravioli with Mariana Roasted red bliss potatoes Broccoli	wild rice mushroom basil corn
<b>Thursday</b>	Oven Baked Turkey with house made gravy baked Sweet potatoes Spinach	Quinoa spinach Tofu
<b>Friday</b>	Baked Tilapia broccoli wild rice	vegan meatballs

\* Please note that menu selections are subject to change on any given day.